

The Honest Toddler A Childs Guide To Parenting Bunmi Laditan

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The Book of Questions Gregory Stock Ph.D. 2013-09-10 The phenomenon returns! Originally published in 1987, *The Book of Questions*, a New York Times bestseller, has been completely revised and updated to incorporate the myriad cultural shifts and hot-button issues of the past twenty-five years, making it current and even more appealing. This is a book for personal growth, a tool for deepening relationships, a lively conversation starter for the family dinner table, a fun way to pass the time in the car. It poses over 300 questions that invite people to explore the most fascinating of subjects: themselves and how they really feel about the world. The revised edition includes more than 100 all-new questions that delve into such topics as the disappearing border between man and machine—How would you react if you learned that a sad and beautiful poem that touched you deeply had been written by a computer? The challenges of being a parent—Would you completely rewrite your child's college-application essays if it would help him get into a better school? The never-endingly interesting topic of sex—Would you be willing to give up sex for a year if you knew it would give you a much deeper sense of peace than you now have? And of course the meaning of it all—If you were handed an envelope with the date of your death inside, and you knew you could do nothing to alter your fate, would you look? *The Book of Questions* may be the only publication that challenges—and even changes—the way you view the world, without offering a single opinion of its own.

Dear Mother Bunmi Laditan 2019-04-02 The first collection of poetry from Bunmi Laditan, bestselling author of *Confessions of a Domestic Failure* and creator of *The Honest Toddler*, capturing the honesty, rawness, sheer joy and total madness of motherhood. With the compassion and wit that have made her a social media sensation among mothers around the world, Bunmi Laditan puts into evocative and relatable words what so many of us feel but can't quite express. For mothers who love their children with a fiery fierceness but know what it is to feel crushed at the end of those long days, *Dear Mother* is like a warm hug that says, "I get it."

The Art of Talking with Children Rebecca Rolland 2022-03-01 From a Harvard faculty member and oral language specialist, an invaluable guide that gives readers evidence-based tools and techniques to communicate more effectively with children in ways that let them foster relationships with less conflict and more joy and kindness. Science has shown that the best way to help our kids become independent, confident, kind, empathetic, and happy is by talking with them. Yet, so often, parents, educators, and caregivers have trouble communicating with kids. Conversations can feel trivial or strained—or worse, are marked by constant conflict. In *The Art of Talking with Children*, Rebecca Rolland, a Harvard faculty member, speech pathologist, and mother, arms adults with practical tools to help them have productive and meaningful conversations with children of all ages—whether it's engaging an obstinate toddler or getting the most monosyllabic adolescent to open up. *The Art of Talking with Children* shows us how quality communication—or rich talk—can help us build the skills and capacities children need to thrive.

Help Me, God, I'm a Parent Bunmi Laditan 2022-06-28 Relatable, honest, and heartwarming, *Help Me, God, I'm a Parent* by Bunmi Laditan—author of *Dear Mom* and *Dear God* and the voice behind the satirical Twitter account *Honest Toddler*—offers a collection of prayers to help you trade fear and anxiety about parenting for peace, calm, and confidence in the God who loves and guides you.

The Danish Way of Parenting Jessica Joelle Alexander 2016-06-29 International bestseller As seen in *The Wall Street Journal*—from free play to cozy together time, discover the parenting secrets of the happiest people in the world What makes Denmark the happiest country in the world—and how do Danish parents raise happy, confident, successful kids, year after year? This upbeat and practical book presents six essential principles, which spell out P-A-R-E-N-T: Play is essential for development and well-being. Authenticity fosters trust and an "inner compass." Reframing helps kids cope with setbacks and look on the bright side. Empathy allows us to act with kindness toward others. No ultimatums means no power struggles, lines in the sand, or resentment. Togetherness is a way to celebrate family time, on special occasions and every day. The Danes call this *hygge*—and it's a fun, cozy way to foster closeness. Preparing meals together, playing favorite games, and sharing other family traditions are all *hygge*. (Cell phones, bickering, and complaining are not!) With illuminating examples and simple yet powerful advice, *The Danish Way of Parenting* will help parents from all walks of life raise the happiest, most well-adjusted kids in the world.

Busy Toddler's Guide to Actual Parenting Susie Allison 2020-09-22 You don't need to feel alone in parenting. You don't need to feel like you're failing. And you definitely don't need another parenting book filled with theoretical advice about theoretical children. You need actual parenting help from an actual parent. It's time to feel confident in your parenting. Susie Allison, creator of the massive online community *Busy Toddler*, is a breath of fresh air. With her humor and engaging personality, she helps parents find their footing, shift their perspective on childhood, and laugh at the twists and turns of parenting we all face. (Yes, it's ok that your child licked a shopping cart - they pretty much all do that.) In *Busy Toddler's Guide to Actual Parenting*, Susie gives the achievable advice she's known for around the world, from daily life and #beingtwosfine to tantrums and tattling and teaching the ABCs. The book also includes 50+ of her famous activities that have helped thousands of parents make it to nap time-FYI, the popsicle bath is a game-changer. Susie shares real moments raising her three kids as well as her professional knowledge from eight years as a kindergarten and 1st grade teacher. Her simple and doable approach to parenting will leave you feeling so much better! Let Susie give you the actual parenting advice you need.

The Honest Toddler Bunmi Laditan 2014-04-22 Offers unique insights from a toddler's perspective while sharing practical advice for managing the highs and lows of toddler development, providing coverage of topics ranging from nutrition and play dates to healthy sleep.

The Christian Mama's Guide to Parenting a Toddler Erin MacPherson 2013-04-08 What's a mom to do when her sweet baby's smiles and snuggles turn to tears and tantrums? This take on everything toddler—from throwing food to potty training to massive toddler fits—is filled with sanity-saving advice every mom wants to hear. Helpful tips include how to: stop a tantrum in its tracks (or at least survive the tantrum without breaking into tears of your own) discipline your child in a way that demonstrates Christ's redeeming love make your marriage a priority when your kid is a squeaky wheel that always seems to need your time and attention introduce your child to Jesus in a way that leads to authentic faith convince a one-and-a-half year old that broccoli really is better than cookies—even if you don't believe it yourself Moms will be entertained and encouraged by the amusing anecdotes and godly advice of this comprehensive, topical approach to parenting one and two year olds.

Dear God Bunmi Laditan 2021-01-26 This broken world so often breaks our hearts and sends us searching for a word of divine love. In *Dear God*, award-winning and beloved author Bunmi Laditan bravely says what we're all thinking in this wittingly fresh and stunningly relatable collection of letters drawn from her journey of prayerful wrestling with God.

Get the Behavior You Want... Without Being the Parent You Hate! Deborah Gilboa 2014-08-18 Gilboa offers a roadmap of quick concrete ways to help parents use everyday opportunities to create respectful, responsible, and resilient children.

Jo Frost's Toddler Rules Jo Frost 2014 The beloved and respected TV disciplinarian and star of the new TLC show "Family SOS with Jo Frost" outlines the five tenets of "disciplined parenting," which are the limits and routines parents need to have in place around sleep, food, play dates, early learning and manners. Original. 35,000 first printing.

Ready Or Not. . . There We Go! Elizabeth Lyons 2006-05 Elizabeth Lyons and her "multiples" sorority of moms and twins come to the rescue again in this hilarious, strategy-filled, tell-it-like-it-is guide to the toddler years with twins. From managing tantrums times two in Aisle 9, to the need for large quantities of antibacterial hand sanitizer and ketchup, to the perils of potty training twins, the approaches contained within *Ready or Not . . . There We Go!* will keep parents two steps ahead of their newly mobile charges. It's the resource no parent of twin toddlers should be without.

*Toddlers Are A**holes* Bunmi Laditan 2015-04-07 Toddler a**holery is a normal part of human development—not unlike puberty, except this stage involves throwing food on the floor and taking swings at people who pay your way in life. For parents of toddlers, it's a "you better laugh so you don't cry" period. Bunmi Laditan's hilarious, satirical guide to toddlerhood offers parents instant (and very welcome) comic relief—along with the very good news that "It's Not Your Fault." Chapters cover the cost of raising a toddler, feeding your toddler, potty-training, tantrums, how to manage the holidays, and "how not to die inside." Parents will see themselves in the very funny sections on taking your toddler to restaurants ("One parent will spend their time walking your toddler around the restaurant and outside like a cocker

spaniel, while the other, luckier parent will eat alone."), Things You Thought You'd Never Say That You Now Say As a Parent of a Toddler ("I can tell you're pooping because your eyes are watering."), and how to order pizza ("Spend \$40 on pizza delivery. Listen to your toddler cry for 30 minutes about how the pizza is all wrong. Watch your toddler take a small bite of crust. Google 'can anger give you a heart attack?' Start the bedtime routine."). Laditan's wildly funny voice has attracted hundreds of thousands of fans of Honest Toddler on social media; here she speaks parent-to-tired-parent, easing the pains and challenges of raising toddlers with a hefty dose of adult humor and wit.

My Milk Will Go, Our Love Will Grow Jessica Elder 2020-01-28 What could toddlers be thinking and feeling as they wean from breastfeeding? Depending on age and development, some might not be able to express what they think and feel with words. In *My Milk Will Go, Our Love Will Grow*, we hear a toddler's questions and feelings during an honest conversation between mother and child. This heartwarming book uses rhyme, short sentences, and beautiful illustrations to convey a message of love and reassurance as the child learns that mother will still nurture and meet both physical and emotional needs when breastfeeding ends. This book will be a special keepsake for both mothers and children, showing the beauty of the nursing relationship. Weaning can be difficult with or without a children's book about weaning. However, the stress of weaning can be lessened when mothers have a resource to help toddlers acknowledge and understand this significant transition. The book was written to help mothers talk to toddlers about weaning. It can be helpful during the weaning process, and it can help newly weaned toddlers and toddlers with a new nursing sibling. All mothers who have breastfed a baby may want to have this book to represent the beautiful nurturing they offered their children. *My Milk Will Go, Our Love Will Grow* was written in rhyme, making it a unique weaning book. It can be used as a helpful tool to assist toddlers, and, as a special keepsake for mothers and their children. It has 38 pages, each with illustrations by Sheila Fein. Toddlers will be drawn to the colorful, realistic illustrations of mother and child. The book also includes a page of tips to help parents use the book in a variety of ways to support toddlers.

The Gentle Parenting Book Sarah Ockwell-Smith 2016-03-03 Parenting trends come and go. Gentle parenting is different - it isn't a label for a precise set of rules but a method of parenting that embraces the needs of parent and child, while being mindful of current science and child psychology. It means parenting with empathy, respect, understanding - and boundaries. In *The Gentle Parenting Book*, Sarah Ockwell-Smith provides a trustworthy combination of what-to-expect information and gentle-parenting solutions to the most common challenges faced by parents with young children. Sarah addresses a wide variety of topics, including coping with a crying baby, introducing solid foods and creating healthy eating habits, potty training, starting nursery and school, sibling rivalry, tantrums, whining and sulking, aggressive behaviour and much more. And for those parents who have previously used a more authoritarian style of parenting, there's plenty of advice - and reassurance - on making the transition to a gentler approach. For many, gentle parenting comes as a relief because it chimes with their deepest instincts about the best way to raise their children.

The Explosive Child Ross W. Greene 2005 Offers techniques for helping chronically inflexible children, shows how brain-based deficits contribute to these problems, and suggests ways to calm things down.

Sh*t My Kids Ruined Julie Haas Brophy 2010 Quite possibly the best birth control on the market, this title is a pictorial tribute to the filthy, distasteful, gross, and painful moments of parenthood, and the children who make it all possible.

The Big Bed Bunmi Laditan 2018-02-06 From Bunmi Laditan, the creator of the Honest Toddler blog, *The Big Bed* is a humorous picture book about a girl who doesn't want to sleep in her little bed, so she presents her dad with his own bed--a camping cot!--in order to move herself into her parents' big bed in his place. A twist on the classic parental struggle of not letting kids sleep in their bed.

Confessions of a Domestic Failure Bunmi Laditan 2019-03-26 From the creator of *The Honest Toddler* comes the instant bestseller that's a must-read for moms everywhere. There are good moms and bad moms--and then there are hot-mess moms. Introducing Ashley Keller, career girl turned stay-at-home mom who's trying to navigate the world of Pinterest-perfect, Facebook-fantastic and Instagram-impressive mommies but failing miserably. When Ashley gets the opportunity to participate in the "Motherhood Better" boot camp run by the mommy-blog-empire maven she idolizes, she jumps at the chance to become the perfect mom she's always wanted to be. But will she fly high or flop? With her razor-sharp wit and knack for finding the funny in everything, Bunmi Laditan creates a character as flawed and lovable as Bridget Jones or Becky Bloomwood while hilariously lambasting the societal pressures placed upon every new mother. At its heart, Ashley's story reminds moms that there's no way to be perfect, but many ways to be great.

The Girlfriends' Guide to Toddlers Vicki Iovine 1999-02-01 With a combined total of over 300,000 *Girlfriends' Guides* in print, Vicki Iovine offers the kind of tongue-in-cheek humor and straight-from-the-hip advice that has made her one of today's most popular authorities on child rearing. Now she takes the next step in the *Girlfriends* series by helping mothers deal with that mysterious, baffling, often adorable and frequently alarming being their baby has become--a toddler.

Organic Chemistry for Babies Chris Ferrie 2018-05-01 Fans of Chris Ferrie's *Rocket Science for Babies*, *Quantum Physics for Babies*, and *8 Little Planets* will love this introduction to organic chemistry for babies and toddlers! It only takes a small spark to ignite a child's mind. Written by an expert, *Organic Chemistry for Babies* is a colorfully simple introduction to the structure of organic, carbon-containing compounds and materials. Gift your special little one the opportunity to learn with this perfect science baby gift and help them be one step ahead of pre-med students! With a tongue-in-cheek approach that adults will love, this installment of the *Baby University* baby board book series is the perfect way to introduce STEM concepts for babies and toddlers. After all, it's never too early to become an organic chemist! If you're looking for the perfect STEAM book for teachers, science toys for babies, or chemistry toys for kids, look no further! *Organic Chemistry for Babies* offers fun early learning for your little scientist!

Montessori at Home Jane Smith 2021-03-09 The practical guide to nurturing your child in a Montessori home from ages 0 to 3 From birth to age 3--and beyond--children take in knowledge at an incredible rate. Give your young child the opportunity and freedom to truly learn, grow, and prosper with the Montessori method. This handbook lays out the simple tools you need to embrace Montessori at home, encouraging independence and curiosity in your little one's world. Explore the fundamental principles laid out by founder Maria Montessori, and discover ways to implement her ideas in your own home, on your own schedule and budget. When your young child can observe, absorb, reflect, and engage with what is going on around them, you'll watch their confidence blossom! Core concepts--Master the seven key Montessori ideas: the absorbent mind, observation, a prepared environment, freedom with limits, letting the child lead, independence, and respect for the child. Support year by year--Enhance your child's development throughout each year, focusing on birth to age 3, with supplementary information for ages 3 to 6. Practical guidance--For each age, find developmental facts, environmental recommendations, step-by-step activities, and plenty of parenting tips. Turn every day into a learning opportunity for your little one with Montessori at Home.

Honey for a Child's Heart Gladys Hunt 2010-06-01 A modern classic with over 250,000 copies sold, *Honey for a Child's Heart* is a compelling, essential guide for parents who want to find the best books for their children ages 0-12. A good book is a gateway into a wider world of wonder, beauty, delight, and adventure. But children don't stumble onto the best books by themselves. They need a parent's help. Author Gladys Hunt discusses everything from how to choose good books for your children to encouraging them to be avid readers. Completely revised and updated to keep pace with the ever-changing world of children's literature, this fourth edition of *Honey for a Child's Heart* reflects Hunt's broad tastes in books. Rooted in experience, her suggestions will enrich the cultural and spiritual life of your home. She shows you how to: Understand the importance of being a read-aloud family, enjoying books together by reading aloud Give your children a large view of the world, of truth, and of goodness Encourage each child's imagination and good use of language Find the best books for your children Illustrated with drawings from dozens of children's favorites, *Honey for a Child's Heart* includes book lists geared to your child's age and filled with nearly 1,000 long-time favorites, classics, and wonderful new books that will enrich your child's life. Thousands of parents have used it to furnish their children's inner spirit with the wonder and delight of good reading.

How to Talk So Little Kids Will Listen Joanna Faber 2017-01-10 A must-have resource for anyone who lives or works with young kids, with an introduction by Adele Faber, coauthor of *How to Talk So Kids Will Listen & Listen So Kids Will Talk*, the international mega-bestseller *The Boston Globe* dubbed "The Parenting Bible." For over thirty-five years, parents have turned to *How to Talk So Kids Will Listen & Listen So Kids Will Talk* for its respectful and effective solutions to the unending challenges of raising children. Now, in response to growing demand, Adele's daughter, Joanna Faber, along with Julie King, tailor *How to Talk's* powerful communication skills to children ages two to seven. Faber and King, each a parenting expert in her own right, share their wisdom accumulated over years of conducting *How to Talk* workshops with parents and a broad variety of professionals. With a lively combination of storytelling, cartoons, and fly-on-the-wall discussions from their workshops, they provide concrete tools and tips that will transform your relationship with the young kids in your life. What do you do with a little kid who...won't brush her teeth...screams in his car seat...pinches the baby...refuses to eat vegetables...throws books in the library...runs rampant in the supermarket? Organized according to common challenges and conflicts, this book is an essential emergency first-aid manual of communication strategies, including a chapter that addresses the special needs of children with sensory processing and autism spectrum disorders. This user-friendly guide will empower parents and caregivers of young children to forge rewarding, joyful relationships with terrible two-year-olds, truculent three-year-olds, ferocious four-year-olds, foolhardy five-year-olds, self-centered six-year-olds, and the occasional semi-civilized seven-year-old. And, it will help little kids grow into self-reliant big kids who are cooperative and connected to their parents, teachers, siblings, and peers.

We're Parenting Toddlers! Adrian Kulp 2020-04-28 The essential guide to parenting toddlers--strategies, humor, and support for new parents

Toddlers don't come with a manual, but here's the next best thing. We're Parenting a Toddler! is a comprehensive guide to parenting toddlers, with tons of practical strategies and sympathy for first-time parents. Get sound advice and funny stories from a four-time parent who's been in the toddler trenches, covering key situations from eating, sleeping, and tantrums, to potty training, communication, and so much more. This book about parenting toddlers includes: Toddler psychology--Better understand your little one's behavior with explanations from their perspective and developmental standpoint. Taking time out--Explore valuable tips for calmly and effectively parenting toddlers, including how to regulate your own emotions. Age-specific insights--Discover tips and insights for 1-2 year-olds as well as 2-3 year-olds for each issue, helping you confront challenges like discipline and respecting boundaries as your toddler grows. Parenting toddlers isn't for the weak, but you can get through the tantrums and tough times with this helpful guide.

Confessions of a Scary Mommy Jill Smokler 2012-04-03 Sometimes I just let my children fall asleep in front of the TV. In a culture that idealizes motherhood, it's scary to confess that, in your house, being a mother is beautiful and dirty and joyful and frustrating all at once. Admitting that it's not easy doesn't make you a bad mom; at least, it shouldn't. If I can't survive my daughter as a toddler, how the hell am I going to get through the teenage years? When Jill Smokler was first home with her small children, she thought her blog would be something to keep friends and family updated. To her surprise, she hit a chord in the hearts of mothers everywhere. I end up doing my son's homework. It's wrong, but so much easier. Total strangers were contributing their views on that strange reality called motherhood. As other women shared their stories, Jill realized she wasn't alone in her feelings of exhaustion and imperfection. My eighteen month old still can't say "Mommy" but used the word "shit" in perfect context. But she sensed her readers were still holding back, so decided to start an anonymous confessional, a place where real moms could leave their most honest thoughts without fearing condemnation. I pretend to be happy but I cry every night in the shower. The reactions were amazing: some sad, some pee-in-your-pants funny, some brutally honest. But they were real, not a commercial glamorization. I clock out of motherhood at 8 P.M. and hide in the basement with my laptop and a beer. If you're already a fan, lock the bathroom door on your whining kids, run a bubble bath, and settle in. If you've not encountered Scary Mommy before, break out a glass of champagne as well, because you'll be toasting your initiation into a select club. I know why some animals eat their young. In chapters that cover husbands (The Biggest Baby of Them All) to homework (Didn't I Already Graduate?), Confessions of a Scary Mommy combines all-new essays from Jill with the best of the anonymous confessions. Sometimes I wish my son was still little--then I hear kids screaming at the store. As Jill says, "We like to paint motherhood as picture perfect. A newborn peacefully resting on his mother's chest. A toddler taking tentative first steps into his mother's loving arms. A mother fluffing her daughter's prom dress. These moments are indeed miraculous and joyful; they can also be few and far between." Of course you adore your kids. Of course you would lay down your life for them. But be honest now: Have you ever wondered what possessed you to sign up for the job of motherhood? STOP! DO NOT OPEN THIS BOOK UNTIL YOU RECITE THESE VOWS! I shall remember that no mother is perfect and my children will thrive because, and sometimes even in spite, of me. I shall not preach to a fellow mother who has not asked my opinion. It's none of my damn business. I shall maintain a sense of humor about all things motherhood.

License to Parent Christina Hillsberg 2021-06-08 "If Mr. and Mrs. Smith had kids and wrote a parenting book, this is what you'd get: a practical guide for how to utilize key spy tactics to teach kids important life skills--from self-defense to effective communication to conflict resolution." --Working Mother Christina was a single, successful CIA analyst with a burgeoning career in espionage when she met fellow spy, Ryan, a hotshot field operative who turned her world upside down. They fell in love, married, and soon they were raising three children from his first marriage, and later, two more of their own. Christina knew right away that there was something special about the way Ryan was parenting his kids, although she had to admit their obsession with surviving end-of-world scenarios and their ability to do everything from archery to motorcycle riding initially gave her pause. More than that, Ryan's kids were much more security savvy than most adults she knew. She soon realized he was using his CIA training and field experience in his day-to-day child-rearing. And why shouldn't he? The CIA trains its employees to be equipped to deal with just about anything. Shouldn't parents strive to do the same for their kids? As Christina grew into her new role as a stepmom and later gave birth to their two children, she got on board with Ryan's unique parenting style--and even helped shape it using her own experiences at the CIA. Told through honest and relatable parenting anecdotes, Christina shares their distinctive approach to raising confident, security-conscious, resilient children, giving practical takeaways rooted in CIA tradecraft along the way. License to Parent aims to provide parents with the tools necessary to raise savvy, well-rounded kids who have the skills necessary to navigate through life.

Elevating Child Care: A Guide to Respectful Parenting Janet Lansbury 2014-05-01 Janet Lansbury's advice on respectful parenting is quoted and shared by millions of readers worldwide. Inspired by the pioneering parenting philosophy of her friend and mentor, Magda Gerber, Janet's influential voice encourages parents and child care professionals to perceive babies as unique, capable human beings with natural abilities to learn without being taught; to develop motor and cognitive skills; communicate; face age appropriate struggles; initiate and direct independent play for extended periods; and much more. Once we are able to view our children in this light, even the most common daily parenting experiences become stimulating opportunities to learn, discover, and to connect with our child. "Elevating Child Care" is a collection of 30 popular and widely read articles from Janet's website that focus on some of the most common infant/toddler issues: eating, sleeping, diaper changes, communication, separation, focus and attention span, creativity, boundaries, and more. Eschewing the quick-fix "tips and tricks" of popular parenting culture, Janet's insightful philosophy lays the foundation for a closer, more fulfilling parent/child relationship, and children who grow up to be authentic, confident, successful adults.

Toddlers on Technology A. DeSollar 2013-04-08 TODDLERS ON TECHNOLOGY Does your toddler seem to know more about the iPad than you do? Welcome to the world of the Digitods: the young children born into the era of mobile technology. These kids are learning faster and better than any generation that has come before them. And they are loving it! Take a look at toddlers using an iPad. They are pictures of concentration. Their hands are moving and their eyes are constantly scanning the screen. They are in an active state of learning: their neurons are firing on all cylinders! It is not surprising that they find learning such an enjoyable activity, with the bright colors, interesting activities and cheery voices urging them on. Have you ever tried getting a Digitod's attention when he is working with an iPad? It is not easy. Often, the child is so fixated on the work that he protests when he has to move on, even to something as interesting as a snack. It just underscores what teachers have always known. Good learning is addictive: the more you get, the more you want. Digitods are racing down the information superhighway and we have to be ready for them! But what does this entail? The answer to this ever-important question lies within. Patti Wollman Summers has written the first book on the subject by an early child-hood educator. Ms. Summers collaborates with Heather Ibrahim-Leathers, a mom who provides many practical tips, and Ann DeSollar-Hale, PhD, a neuropsychologist who gives a full account of the research so far in our Science section. Learn why interacting with an app is so fascinating to a young child. Discover what constitutes a good app, and how to match an app to your child's temperament and learning style. Read a description of many excellent apps in our App Reviews section, and learn how to balance your child's digital work with real-life, see-saw activities. For parents of children under six who are concerned about their child's development in a surprisingly unfamiliar world, TODDLERS ON TECHNOLOGY is a must-read! Visit Digitod.com or ToddlersOnTechnology.com | Design & Photography by Andrew Ayad.com

You Look Tired Jenny True 2021-05-04 In the tradition of Ali Wong and Amy Schumer comes this whip-smart, spit-out-your-coffee funny guide for new parents--from popular blogger and columnist Jenny True. Plenty of "new parent" guides cover the basics of breastfeeding, bonding, sleep, and "getting back in shape." But nowhere is a guide that tells you, WTF is this squeeze bottle thing from the hospital? You Look Tired is a totally honest, tell-it-like-it-is guide for new moms who don't want any more advice. Writing as Jenny True on her "Excruciatingly Personal Mommy Blog" and in the "Dear Jenny" column on Romper, Jenny has been called the "postpartum feelings doula," as she doles out her unique mix of humor, rage, and encouragement (with a smidge of practical advice), including: Birth Hurts: Prenatal yoga is a waste of time. Jabba the Hutt Was Just Postpartum: It explains so much. An Open Letter to People Who Say, "Looks like you have your hands full!" And much more!

10% Happier Dan Harris 2014-03-11 #1 New York Times Bestseller REVISED WITH NEW MATERIAL Winner of the 2014 Living Now Book Award for Inspirational Memoir "An enormously smart, clear-eyed, brave-hearted, and quite personal look at the benefits of meditation." --Elizabeth Gilbert Nightline anchor Dan Harris embarks on an unexpected, hilarious, and deeply skeptical odyssey through the strange worlds of spirituality and self-help, and discovers a way to get happier that is truly achievable. After having a nationally televised panic attack, Dan Harris knew he had to make some changes. A lifelong nonbeliever, he found himself on a bizarre adventure involving a disgraced pastor, a mysterious self-help guru, and a gaggle of brain scientists. Eventually, Harris realized that the source of his problems was the very thing he always thought was his greatest asset: the incessant, insatiable voice in his head, which had propelled him through the ranks of a hypercompetitive business, but had also led him to make the profoundly stupid decisions that provoked his on-air freak-out. Finally, Harris stumbled upon an effective way to rein in that voice, something he always assumed to be either impossible or useless: meditation, a tool that research suggests can do everything from lower your blood pressure to essentially rewire your brain. 10% Happier takes readers on a ride from the outer reaches of neuroscience to the inner sanctum of network news to the bizarre fringes of America's spiritual scene, and leaves them with a takeaway that could actually change their lives.

The Essential Guide to Children's Books and Their Creators Upon publication, Anita Silvey's comprehensive survey of contemporary children's literature, Children's Books and Their Creators, garnered unanimous praise from librarians, educators, and specialists

interested in the world of writing for children. Now *The Essential Guide to Children's Books and Their Creators* assembles the best of that volume in one handy, affordable reference, geared specifically to parents, educators, and students. This new volume introduces readers to the wealth of children's literature by focusing on the essentials – the best books for children, the ones that inform, impress, and, most important, excite young readers. Updated to include newcomers such as J. K. Rowling and Lemony Snicket and to cover the very latest on publishing and educational trends, this edition features more than 475 entries on the best-loved children's authors and illustrators, numerous essays on social and historical issues, thirty personal glimpses into craft by well-known writers, illustrators, and critics, and invaluable reading lists by category. *The Essential Guide to Children's Books and Their Creators* summarizes the canon of contemporary children's literature, in a practical guide essential for anyone choosing a book for or working with children.

The Kids' Book of Questions Gregory Stock 2015-03-10 Kids love to be asked questions almost as much as they love to ask them. And asking is important—parents know the value of having meaningful conversations with their kids, especially as family time is under continuous assault from gadgets and devices. Now the book that solves those needs is back—announcing a fresh new edition of *The Kids' Book of Questions*. Including subjects like the Internet, school violence, and climate change, the book remains a timeless treasure. Here is a collection of questions designed to challenge, entertain, provoke, and expand young minds. These are the questions that let kids discover how they feel; let people know what they think; raise issues that everyone loves to discuss. Gregory Stock, author of the original #1 bestselling *Book of Questions*, took his question-asking ways into schools and came back with over 200 questions, including Thorny dilemmas: Would you rather have a job you didn't like that paid a lot or a job you loved that paid just enough to get by? Embarrassing challenges: Would you kiss someone in front of your whole class for \$250? Provocative ideas: What things do you think your parents do just to set an example for you? Intriguing fantasies: If you could text any famous person and be sure they'd read and answer your text, who would you write to and what would you say? There is only one requirement: Give an honest answer. Then be amazed to see where one little question leads.

No Bad Kids: Toddler Discipline Without Shame Janet Lansbury 2013-12-31 Janet Lansbury is unique among parenting experts. As a RIE teacher and student of pioneering child specialist Magda Gerber, her advice is not based solely on formal studies and the research of others, but also on her twenty years of hands-on experience guiding hundreds of parents and their toddlers. "No Bad Kids" is a collection of Janet's most popular and widely read articles pertaining to common toddler behaviors and how respectful parenting practices can be applied to benefit both parents and children. It covers such common topics as punishment, cooperation, boundaries, testing, tantrums, hitting, and more. "No Bad Kids" provides a practical, indispensable tool for parents who are anticipating or experiencing those critical years when toddlers are developmentally obliged to test the limits of our patience and love. Armed with knowledge and a clearer sense of the world through our children's eyes, this period of uncertainty can afford a myriad of opportunities to forge unbreakable bonds of trust and respect.

The Montessori Toddler Simone Davies 2019-03-19 Announcing that rare parenting book that will not only help you become a more effective parent but actually change how you see your children. Written by Montessori educator Simone Davies, this book shows you how to bring the educational values of a Montessori classroom into your home—while turning the whole idea of the "terrible twos" on its head. Here is how to set up Montessori-friendly spaces in your home. Principles for fostering curiosity in your child—and in yourself. Specific Montessori skills—the winter coat flip; getting your toddler to pour his or her own water and clean up whatever spills might occur. And it goes much deeper, showing how a parent can really be present, be the child's guide, and handle tantrums and problematic behavior without resorting to bribes, threats, or punishment and truly celebrate every stage. It's also that rare parenting book that's beautiful to look at, with a bright, airy design and simple color illustrations and photographs.

Reasons My Kid Is Crying Greg Pembroke 2014-04-01 A glimpse into the tribulations of parenting that is part documentary, part therapy, and completely hilarious. It all started when busy father Greg Pembroke posted a few pictures online of his three-year-old son, mid-tantrum, alongside the reason his son was crying: He had broken his bit of cheese in half. In *Reasons My Kid Is Crying*, Greg collects together photos sent from parents around the world, documenting the many, completely logical reasons why small children cry. Among them: "I let him play on the grass" . . . "He ran out of toys to throw into his pool" . . . "The neighbor's dog isn't outside". The result is both an affectionate portrait of the universal, baffling logic of toddlers—and a reminder for burned-out parents everywhere that they are not alone.

Making a Baby Rachel Greener 2021-06-22 This inclusive guide to how every family begins is an honest, cheerful tool for conversations between parents and their young ones. To make a baby you need one egg, one sperm, and one womb. But every family starts in its own special way. This book answers the "Where did I come from?" question no matter who the reader is and how their life began. From all different kinds of conception through pregnancy to the birth itself, this candid and cozy guide is just right for the first conversations that parents will have with their children about how babies are made.

How to Raise Kids Who Aren't Assholes Melinda Wenner Moyer 2021-07-20 *How to Raise Kids Who Aren't Assholes* is a clear, actionable, sometimes humorous (but always science-based) guide for parents on how to shape their kids into honest, kind, generous, confident, independent, and resilient people...who just might save the world one day. As an award-winning science journalist, Melinda Wenner Moyer was regularly asked to investigate and address all kinds of parenting questions: how to potty train, when and whether to get vaccines, and how to help kids sleep through the night. But as Melinda's children grew, she found that one huge area was ignored in the realm of parenting advice: how do we make sure our kids don't grow up to be assholes? On social media, in the news, and from the highest levels of government, kids are increasingly getting the message that being selfish, obnoxious and cruel is okay. Hate crimes among children and teens are rising, while compassion among teens has been dropping. We know, of course, that young people have the capacity for great empathy, resilience, and action, and we all want to bring up kids who will help build a better tomorrow. But how do we actually do this? How do we raise children who are kind, considerate, and ethical inside and outside the home, who will grow into adults committed to making the world a better place? *How to Raise Kids Who Aren't Assholes* is a deeply researched, evidence-based primer that provides a fresh, often surprising perspective on parenting issues, from toddlerhood through the teenage years. First, Melinda outlines the traits we want our children to possess—including honesty, generosity, and antiracism--and then she provides scientifically-based strategies that will help parents instill those characteristics in their kids. Learn how to raise the kind of kids you actually want to hang out with--and who just might save the world.

Dear God Bunmi Laditan 2021-01-26 Are you looking to strengthen your relationship with God? Do you find yourself untangling the threads of what it is you really believe? Are you longing for a deeper connection to your spiritual side? Bunmi Laditan has been in your shoes. In the midst of her darkest days, Bunmi began writing down her deepest fears, hopes, dreams, and frustrations with God in the form of letters. The result of Bunmi's soul-searching journey is *Dear God*, a collection of funny, heartbreaking, and deeply insightful prayers that put words to the emotions we all feel as we grapple with this broken world and search for divine love. With the same gutsy and poetic honesty that has already charmed readers around the world, Bunmi now shares these moving, intimate conversations with God--prayers and poems that chart her story of reconnecting with the God she loved, lost, and found once again. *Dear God* catalogs what we're all thinking as we work out our personal relationships with God. These candid field notes will stir your heart and make you laugh out loud with Bunmi's self-awareness and profound insight into the spiritual journeys we're all doing our best to navigate. Join Bunmi as she travels through those all-too-familiar emotions--doubt, anger, joy, desperation, love, loneliness, and gratefulness--that humanity has always wrestled with. Witty fresh and stunningly relatable, she exquisitely shares the painfully honest questions she's asked along the way, including: God, what is holiness? God, how can it be worth it to love life when it could slip away at any moment? God, what do I do when forgiveness feels impossible? God, I know you love me, but do you like me? This poignant collection of prayers is a timely reminder that even when we wander, God never leaves our side.

The Montessori Baby Simone Davies 2021-05-11 A guide to raising a baby from birth to age one by applying the wisdom of Montessori, from the bestselling author of *The Montessori Toddler* and a coauthor with expertise in infant care and education. *The Montessori Baby* guides new parents in how to interact with babies in ways that assist their development and foster a respectful relationship between parent and child.